# PEOPLE MANAGEMENT, COACHING AND MENTORING



### **Background**

People Management, Coaching and mentoring are an integral part for the success for any organisation. An effective coach and mentor assists people to discover the "right answers" sooner and without them going through the pain of "trial and error learning". Managing people can be challenging and managers often feel overwhelmed and uncertain about how to manage their employees. Forward-looking organisations, realise that human resources are critical in obtaining a winning performance. It is vital that organisations focus more attention on aligning their human resource function with their strategic business objectives/goals.



## **Course Objective**

This course aims to provide participants with an understanding of coaching and mentoring in the workplace with a view to build a positive and concrete change among employees. Participants will learn about the various coaching models and how to use them to maximise results. It will also aid them in their professional development and how to be effective team members.

#### **Course Content**

- The difference between coaching and mentoring
- Benefits of coaching and mentoring
- Attributes of a good coach and a good mentor
- Identifying the right mentors
- The Three C's of Mentorship
- Coaching Models
- Benefits and drawbacks of the 5 types of Coaching Styles
- Mentoring and coaching in the Workplace

- Fundamental aspects of managing and leading people
- Understanding and Influencing Human Behaviour in Organisations
- Leading People through Culture Change
- Managing Workplace Conflicts and Negotiations

## **Target Group**

Human Resource Professionals and those who want to learn how to help others reach their full potential.

#### Profile of the Facilitator

Mr. Memory Nguwi is a registered Occupational Psychologist and has extensive experience in strategic planning and human resources management in both line function and consultancy services. He has assisted clients in the private sector, state enterprises and NGOs in Eastern and Southern Africa.



Local participants can pay in ZWL equivalent at the prevailing auction rate

Duration:5 daysDates:27 june - 1 july 2022Venue:OnlineFee:USD500 per participantLanguage:Course will be conducted in EnglishDeadline for Registration:20 June 2022



For further details and registration contact